



**King County**

Department of Community and Human Services  
Developmental Disabilities and Early Childhood Supports Division

# BOARD FOR DEVELOPMENTAL DISABILITIES

## CAREGIVER SUPPORTS – LIFE AFTER HIGH SCHOOL EVENT MINUTES

**Day/Date:** Saturday, March 25, 2023  
**Time:** 11:00 a.m. - 2:00 p.m.  
**Location:** Friendship Adventures

### BOARD MEMBER ROLE CALL:

Joe Cunningham  
Tiffany Lee  
Laura Muso Escude

### ABSENT

Hameed Quraishi

### WELCOME AND BOARD INTRODUCTIONS

The Board Chair, Joe Cunningham, opened the Board sponsored event by welcoming the audience and introducing the Board Members.

### CHAIR'S REMARKS

Joe Cunningham, Board Chair celebrated the full inclusion of people with Intellectual and Developmental Disabilities with the reading of the Intellectual and Developmental Disabilities Awareness Month Proclamation signed by the King County Executive, Dow Constantine.

### CAREGIVER SUPPORTS – LIFE AFTER HIGH SCHOOL

Laura Musso Escude, Board Member welcomed panel members and provided an overview for the Caregiver Supports – Life After High School panel discussion. The panel members shared information and experiences helpful for parents and caregivers in planning to meet the needs of young adults as they approach and experience life after high school. Below were the panel members and their topics:

- **Hodan Mohamed, Parent and Executive Director of the Washington Multicultural Services Link** – shared the importance of applying for the services and programs offered at the Washington State Department of Social and Health Services, Developmental Disabilities Administration.
- **Cathy Murahashi, Parent and Education and Outreach Manager with Community Homes, Inc.** – shared how to plan a meaningful life for young adults.
- **Richard Wilson, King County School-to-Work Program** - shared how to navigate pathways to employment (School-to-Work), Individual Employment, and the Washington State Department of Social and Health Services, Division of Vocational Rehabilitation.



With time for the panel discussions running out, Laura thanked the panel members, fellow board members, and staff for their efforts in today's event. Laura informed the event participants that they would be receiving minutes of the panel discussion along with a link to the Board for Developmental Disabilities' webpage. Laura also invited participants to visit the webpage to learn more about the Board, Board meetings, and future Board events. Visit the Board's webpage at <https://kingcounty.gov/DDBoard>.

## **BOARD RECRUITMENT**

The Board for Developmental Disabilities is seeking residents of King County interested in serving on the board. The board is a 15-member citizen's advisory board, which provides oversight of community services for residents of the County who have intellectual and developmental disabilities, cerebral palsy, epilepsy, autism or other neurological impairments and their families. The Board values diverse perspectives and life experiences and people of all backgrounds are encouraged to apply, including people with disabilities, people of color, immigrants, refugees, women, LGBTQIA+, and veterans.

If you are interested in learning more about the Board, please contact Jim Ott, Information and Outreach Manager at 206-263-9060 or by email at [Jim.Ott@kingcounty.gov](mailto:Jim.Ott@kingcounty.gov). More information on the Board can be found by visiting the Board's webpage at <https://kingcounty.gov/DDBoard>.

## **MEETING REMINDER**

April – No Board meeting or event

The next hybrid Board for Developmental Disabilities meeting is scheduled for Wednesday, May 3, 2023, from 3:30 – 5:30 p.m. at the Tukwila Community Center, Room A located at 12424 - 42<sup>nd</sup> Avenue S., Tukwila.

## **ADJOURNMENT**

Joe Cunningham, Board Chair thanked the audience for attending, the Vendors of the Resource Fair for building community, and Friendship Adventures for hosting the Board's event.

**Prepared by:**

Michaelle Monday

**Attested by:**

Jim Ott