

401 Fifth Avenue, Suite 400 Seattle, WA 98104

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206-296-0583 (Reception) 206-205-1634 (Clinical Services

## King County Behavioral Health Advisory Board (BHAB)

December 5, 2024- 11:30 am - 1:00 pm

**Meeting Attendees:** Courtney Currie, Dae Degrate, Daniel Floyd, David Sullivan, Frank Couch, Gretchen Bruce, Idabelle Fossee, Isabel Gubas, Jasmeet Singh, Kathleen Murphy, Kristina, Laura Van Tosh, Lucas Sherman, Lyscha Marcynyszyn, Monica De Leon Carvajal, Mustafa Mohammed, Nancy Dow, Stacey Devenney, Susan Mclaughlin, and Willard DeRouen.

### **BHAB Board Meeting**

The King County Behavioral Health Advisory Board meeting, including board members, staff, and the public, was called to order at 11:36 am.

### **Welcome & Introductions**

Nancy Dow welcomed everyone.

- Community members and guest introduced themselves.
- Public Comment Sign-up: Jasmeet Singh

### **Board Business**

# Approval of the Minutes for October 3, 2024 & November 7, 2024

The board approved the October 3 and November 7, 2024, meeting minutes. The October 3<sup>rd</sup> Minutes were approved during this meeting as they were not approved in November 7<sup>th</sup>.



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#### Governance

#### Administrative Items & agenda review

Nancy Dow welcomes everyone and reviews the meeting agenda.

### **Designated Crisis Responder Program (DCR)**

Frank Couch gave a high level overview of the Designated Crisis Responder Program. The team highlighted the following:

- Frank Couch presents on the designated crisis responder program, noting that they investigated and evaluated 9,613 individuals last year and are at 8,455 this year.
- The DCR Team are responding to most cases within 36 hours, with weekends being understaffed.
- Frank highlights the 33 career service designated crisis responders serving King County, which is approximately 2,500 square miles and over 2 million people.
- The DCR Team have initiated telehealth with the score jail, reducing the use of cars and increasing efficiency.
- Frank discusses the importance of screening calls to determine if lower-level care can be provided, reducing the need for higher-level interventions.

Time for Q & A was provided.

#### **Lived Experience Engagement Framework**

Kathleen Murphy and Susan presented the lived experience engagement framework, highlighting the roles for individuals with lived experience, including storytellers, advisors, partners, contractors, and staff. The framework includes recommendations for the Behavioral Health Advisory Board, such as adopting the framework, educating staff, developing a communication strategy, and preparing best practices and training materials. Recommendations also include assessing committees, creating a



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subcommittee, providing training, developing a protocol, and evaluating implementation. The board approves the lived experience engagement framework and recommendations, with the addition of quarterly updates on progress and action items.

Time for Q & A was provided.

### **Crisis Care Center Update**

Idabelle Fosse provides an update on the crisis care center, noting that the first round of procurement for the CCC opened in September and will fund up to three of the five CCCs. The first CCC is expected to open in 2025, with the first site application going through the review process. Seven letters of intent have been received for new sites, which will be reviewed in a later date. The RFP will fund up to three CCCs, with a second RFP in 2025 if needed.

Time for Q & A was provided.

#### **2024 BHAB Activity Report**

Susan Mclaughlin presented the draft 2024 BHAB Activity Report, detailing the board's purpose, composition, and activities for the year. The report includes recruitment and onboarding of new board members, the approval of the crisis care center implementation plan, and the revision of the board's ordinance. The board discusses the importance of including the vote on the Block Grant in the report and the need for more recruitment activities.

### **Behavioral Health Forum Highlights**

Jasmeet Singh and Lyscha Marcynyszyn share their experiences at the Behavioral Health Forum, highlighting the importance of networking and meeting people interested in joining the board. The forum included a table for board recruitment, with many people expressing interest in joining. The board discusses the format of the legislative portion of the forum, including the use of blocks for legislators and the importance of tying legislative priorities to lived experiences. The board appreciates the efforts of the organizers and the positive feedback from attendees.



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#### **Public Comment**

- Laura van Tosh provides public comment, encouraging the board to look ahead to the future and plan for new leadership changes in the county.
- Susan McLaughlin provides a leadership update, noting that the recruitment flyer and application are ready, and the Governance Committee is preparing for new board member onboarding.

#### **BHAB Administrative Items**

The time was opened for Board members to discuss several topics. See below:

- Membership Recruitment and Governance Committee Updates
- Upcoming Legislative and Budget Concerns
- Future Meetings and Legislative Session Updates

The meeting adjourned at 1:17 pm