



**Department of Community and Human Services**  
**Behavioral Health and Recovery Division**

401 Fifth Avenue, Suite 400  
Seattle, WA 98104

**Phone: 206-263-9100**

206-296-0583 (Reception)

206-205-1634 (Clinical Services)

**King County Behavioral Health Advisory Board (BHAB)**

**October 3, 2024- 11:30 am – 1:00 pm**

***Meeting Attendees:*** Brad Nonaka, Christena Coutsubos, Dae Degrate, Daniel Floyd, David Sullivan, Gretchen Bruce, Hana Hartsafer, Idabelle Fossee, Jasmeet Singh, Kathleen Murphy, Kathy Johnson, Laura Smith, Laura Van Tosh, Lucas Sherman, Lyscha Marcynysz. Monica De Leon Carvajal, Mustafa Mohammed, Nancy Dow, Sarah Brewster, and Susan McLaughlin.

**BHAB Board Meeting**

The King County Behavioral Health Advisory Board meeting, including board members, staff, and the public, was called to order at 11:33 am.

**Welcome & Introductions**

Nancy Dow welcomed everyone.

- Community members and guest introduced themselves
- Public Comment Sign-up: Jasmeet Singh

**Board Business**

**Approval of the Minutes for October 3, 2024**

The board did not review nor and approve the October 3, 2024 meeting minutes. It was decided to bring these minutes for approval vote at the December 5<sup>th</sup> meeting.



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## **Governance**

### **Administrative Items & agenda review**

Nancy Dow addresses the issue of AI notetaking in meetings, confirming it is not allowed in King County meetings. The meeting agenda was reviewed as well.

### **MIDD Renewal Updates**

Laura Smith gave a high-level recap of the MIDD Renewal Process, emphasizing the goal to ensure community and equity are at the forefront. Susan McLaughlin explains the Block Grant funds and the annual approval process for mental health and chemical dependency Block Grant funds. Laura Smith and Susan McLaughlin discuss the evolution of community engagement in the mid process over the years, emphasizing the current robust approach. The team highlighted the following:

- Outreach to various communities, including youth and adults with lived experiences, BIPOC community, behavioral health providers, and community-based organizations.
- The outreach modalities used, including virtual and in-person listening sessions, events in various languages, and an online survey available in 21 languages.
- Statistics on the number of attendees and survey responses, highlighting the diverse engagement across King County was shared.
- Highlights the partnership with the mid team on culturally specific community-based listening sessions and the integration of themes from these sessions into the mid renewal data set.

Time for Q & A was provided.

### **Crisis Care Center Update**

Idabelle Fosse provides an update on the Crisis Care Center (CCC) program, including the RFP process and timeline for launch-ready and new sites. The criteria for launch-ready sites and the review process for applications was discussed. Susan McLaughlin clarifies the benefits of designating the Kirkland facility as a CCC, including access to funding for ongoing operations and workforce sustainability.

Time for Q & A was provided.



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**Legislative Forum & King County's 2025 Legislative Agenda**

Christena Coutsobos provides an update on the upcoming legislative forum on December 4th and encourages board members to attend and recruit new members. The outline of King County's 2025 legislative agenda, including budget recommendations for increasing Medicaid rates, fully funding state-required crisis services, and providing less restrictive options for young people in crisis was reviewed. Christina discussed policy recommendations for state-level flexibility in using crisis service funds and ensuring ambulance transportation to behavioral health crisis facilities is covered at parity with physical health transport.

**BHAB Administrative Update**

Nancy Dow and Susan McLaughlin discussed the administrative updates for the Behavioral Health Advisory Board, including streamlining processes for adding new board members and improving communication and website accessibility. The Board was notified of the creation of a general BHAB inbox and the upcoming governance committee meeting to discuss recruitment processes and membership requirements. Board members were encouraged to recruit potential members and subcommittee participants from their networks and emphasized the importance of community involvement.

**Public Comment**

No public comment

The meeting adjourned at 1:26 pm