



## Department of Community and Human Services

### Behavioral Health and Recovery Division

401 Fifth Avenue, Suite 400  
Seattle, WA 98104

**Phone: 206-263-9100**

206-296-0583 (Reception)

206-205-1634 (Clinical Services)

### **King County Behavioral Health Advisory Board (BHAB)**

**October 3, 2024- 11:30 am – 1:00 pm**

***Meeting Attendees:*** Monica De Leon, Dan Floyd, Idabelle Fosse, Rasheena Hibbler, Jasmeet Singh, Lyscha Marcynyszyn, Delton Mosby, Mustafa Mohamed, Nancy Dow, Tony Price, Terra Rea Smith, Deborah Stake, David Sullivan, Molly Whitney, heather Venegas, Lucas Sherman, Christena Coutsubos, Candace Hunsucker, Daaoshara Degrate, and Tony Price.

### **BHAB Board Meeting**

The King County Behavioral Health Advisory Board meeting, including board members, staff, and the public, was called to order at 11:37 am.

### **Welcome & Introductions**

Nancy Dow welcomed everyone.

- Community members and guest introduced themselves
- Public Comment Sign-up: Jasmeet Singh

### **Board Business**

#### **Approval of the Minutes for September 5, 2024**

The board reviewed and approved the September 5, 2024 meeting minutes.

Abstentions: none



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## **Governance**

### **BHRD Provider Relations**

Deborah Stake gave a high-level recap of the process to contract with BHRD focusing on the King County Integrated Care Network (KC ICN). The KC ICN is an open application process, non-competitive, and rigorous, with a thorough vetting process. The process includes federal, state, and local requirements, ensuring compliance with various regulations. The team approach involves multiple members from different groups, including compliance, finance, and data systems. The goal is to help agencies succeed in the process, with a thorough review and evaluation of applications. The team highlighted the following:

#### **Contract Readiness Process**

Tara Race Smith explains the contract readiness process, which includes three main categories: Administrative Review, Clinical Chart Review, and Encounter Data Validation (EDV).

- The Administrative Review focuses on basic services and operations, including timeliness, medication access, crisis management, and client/family complaints.
- The Clinical Chart Review assesses compliance and quality, data-informed practices, and adherence to HIPAA and other regulations.
- The EDV involves validation of encounter data to ensure accuracy and compliance with federal and state requirements.
- The process also includes credentialing, data submission readiness, and insurance coverage to ensure agencies are prepared for contracting.

#### **Benefits of Joining the Network**

Delton Mosby highlights the benefits of joining the network, including involvement in a robust network, technical assistance, and support.

- Agencies benefit from training, support for individual service plans, progress notes, and care coordination.



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- The network provides assurance and support, ensuring agencies are well-prepared for contracting and compliance.
- The process can take anywhere from 90 days to over seven months, depending on the agency's readiness and compliance.
- The final phase involves onboarding and celebration, recognizing the hard work and dedication of the agencies.

**Timeline and Review Panel**

Molly Whitney provides an update on the timeline for the launch-ready and new sites, including the proposal submission dates and anticipated contract start dates.

- The review panel will consist of internal county members, mental health providers, peers, and individuals with lived experience in crisis work.
- The panel will also include members looking at the project from an equity and social justice perspective.
- The review process will take place between the proposal submission dates and the notification of award, with a significant amount of time allocated for the review.
- The team emphasizes the importance of the review panel in ensuring thorough evaluation and fairness in the selection process.

Time for Q & A was provided.

**Crisis Care Center Update**

Idabelle Fosse discusses Crisis Care Center RFP, including site selection and jurisdictional engagement. Behavioral health agencies must show support from jurisdictions and community for proposed Crisis Care Centers. Kirkland is the only fully launch-ready site, with connections already in place. An update was provided on community survey and upcoming meetings.

Time for Q & A was provided.

**Legislative Priorities**



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Christena Coutsobos gave an update on the legislative priorities for behavioral health to King County Executive. Increasing Medicaid reimbursement rates to address workforce crisis and cover care costs. Funding new facilities startup costs, including crisis care centers and residential treatment beds. Less restrictive options for young people with Cooccurring behavioral health, intellectual, or developmental disabilities in crisis. See highlights below:

#### Policy recommendations for behavioral health funding

- Prioritizing educational assistance for mental health workers from marginalized communities.
- Policy recommendations include requesting flexibility in crisis funding and strategizing around workforce development.

Board members were encouraged to attend the legislative forum to network and recruit Behavioral Health Advisory Board members. The possibility of the Behavioral Health Advisory Board having a table at the forum to recruit new members was also discussed.

### Leadership Items

Nancy Dow and Jasmeet Singh led the conversation. See highlights below.

- Susan McLaughlin proposes governance committee to review new materials and recruit board members.
- Seeking community members for subcommittee roles beyond board membership
- Looking for leaders to take on more responsibilities, beyond just attending meetings.

### Public Comment

No public comment

The meeting adjourned at 1:18 pm